

2018-2019

BRANDEIS

DEPARTMENT OF ATHLETICS

Visitor's Guide & Travel Information



415 South Street MS 007, Waltham MA, 02453 • 781-736-3668
BrandeisJudges.com

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Staff Contact Information



Brandeis Athletics
415 South Street
Waltham, MA 02453

Gosman Front Desk: 781-736-3668

Fax: 781-736-3656

Public Safety (In Case of Emergency): 781-736-3333

Administration

Jeff Ward	Interim Director of Athletics	781-736-3634	jeffreyward@brandeis.edu
Tom Rand	Senior Associate Athletic Director	781-736-3632	rand@brandeis.edu
Michelle Kim	Associate Athletic Director	781-736-3633	michkim@brandeis.edu
Lynne Dempsey	Associate Athletic Director	781-736-3635	dempsey@brandeis.edu
Andrew Vatisstas	Assistant Athletic Director for Marketing, Promotions & Community Relations	781-736-3660	avatisstas@brandeis.edu
Michael Matt	Assistant Athletic Director for Internal Operations	781-736-3661	mmatt@brandeis.edu
Adam Levin	Sports Information Director	781-736-3631	aslevin@brandeis.edu
Julie Mizraji	Intramural Sports Coordinator	781-736-3665	jmizraji@brandeis.edu
Kat Page	Fitness Coordinator	781-736-3657	kpage@brandeis.edu
Derek Jenesky	Club Sports Coordinator	781-736-3669	djenesky@brandeis.edu
Paul Mueller	Aquatics Director	781-736-3658	paulmueller@brandeis.edu
Kerri Lebel	Department Coordinator	781-736-3630	kerrih@brandeis.edu

Equipment Room Staff

Sam Freund	Equipment Coordinator	781-736-2861	samfreund@brandeis.edu
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Strength and Conditioning

Jim Zotz	Strength & Conditioning Assistant	781-736-3649	zotz@brandeis.edu
Jake Picard	Strength & Conditioning Coach	781-736-3662	picardj@brandeis.edu

Athletic Training

Lisa DeNicola	Head Athletic Trainer	781-736-3666	denicola@brandeis.edu
Jason Byrne	Assistant Athletic Trainer	781-736-3664	jdbyrne@brandeis.edu
Corey Lefebvre	Assistant Athletic Trainer	781-736-3640	clefebvre@brandeis.edu
Molly Rausch	Assistant Athletic Trainer	781-736-3689	mfrausch@brandeis.edu

Coaching Staff Contacts



Baseball

Derek Carlson	Head Coach	781-736-3639	dcarlson@brandeis.edu
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Basketball - Men's

Jean Bain	Head Coach	781-736-3645	jeanbain@brandeis.edu
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Basketball - Women's

Carol Simon	Head Coach	781-736-3646	csimon@brandeis.edu
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Cross Country - Men's and Women's

Sinead Delahunty Evans	Head Coach	781-736-3647	sdevans@brandeis.edu
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Fencing - Men's and Women's

Jennie Salmon	Head Coach	781-736-3650	jsalmon@brandeis.edu
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Soccer - Men's

Gabe Margolis	Head Coach	781-736-3642	gabem@brandeis.edu
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Soccer - Women's

Denise Dallamora	Head Coach	781-736-3644	dallamor@brandeis.edu
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Softball

Danielle DelPonte	Head Coach	781-736-3643	ddelponte@brandeis.edu
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Swimming & Diving - Men's and Women's

Nicole Carter	Head Coach	781-736-2589	nicolecarter@brandeis.edu
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Tennis - Men's and Women's

Ben Lamanna	Head Coach	781-736-3648	lamanna@brandeis.edu
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Track & Field - Men's and Women's

Sinead Delahunty Evans	Head Coach	781-736-3647	sdevans@brandeis.edu
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Volleyball - Women's

Alesia Vaccari	Head Coach	781-736-3608	vaccari@brandeis.edu
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Practice & Game Information



General Information

Practice times should be scheduled through Tom Rand, Senior Associate Athletic Director via email at rand@brandeis.edu.

Locker rooms will be assigned prior to arrival and will be communicated by a Brandeis Event Coordinator.

Towels for post-game showers will be provided by Brandeis for all visiting teams.

Basic Equipment for warm-ups and game play will be provided (contact a Brandeis Event Coordinator for specific requests).

Laundry service will only be available to visiting teams participating in multi day tournaments or round robins. Laundry is not available to teams traveling to Brandeis for a single game/meet.

Athletic Training Coverage

- A Certified Athletic Trainer will cover all home athletic contests.
- The training room will open 2 hours prior to the start of contests and will remain open for 30 minutes after the completion*

Athletic Training Supplies

The following will be available to visiting teams on the sideline:

- | | | |
|-----------|---------------------|-------------------------------|
| -Ice | -Cups | -Taping Table (upon request) |
| -Ice bags | -AED | -Water Bottles (upon request) |
| -Water | -Emergency Supplies | |

Additionally, the following is available for use in the training room:

- | | | |
|---------------------|------------------|----------------------------|
| -Whirlpools | -Moist Hot Packs | -Treatment & Taping Tables |
| -First Aid | -AED | -Modalities (us/estim) |
| -Emergency Supplies | | |

Please note: Athletes traveling without a Certified Athletic Trainer (ATC) must possess a note from a physician or an ATC before receiving treatments

Emergency Care & Contacts



Nearest Hospital

Newton Wellesley Hospital	2014 Washington Street (Rt. 16 East) Newton, MA 02462	617-243-6000	Open 24 hours
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Urgent Care

Newton Wellesley Urgent Care	9 Hope Ave Waltham, MA 02453	617-243-5590	Mon-Sat 9am - 7pm Sunday 9am - 2pm
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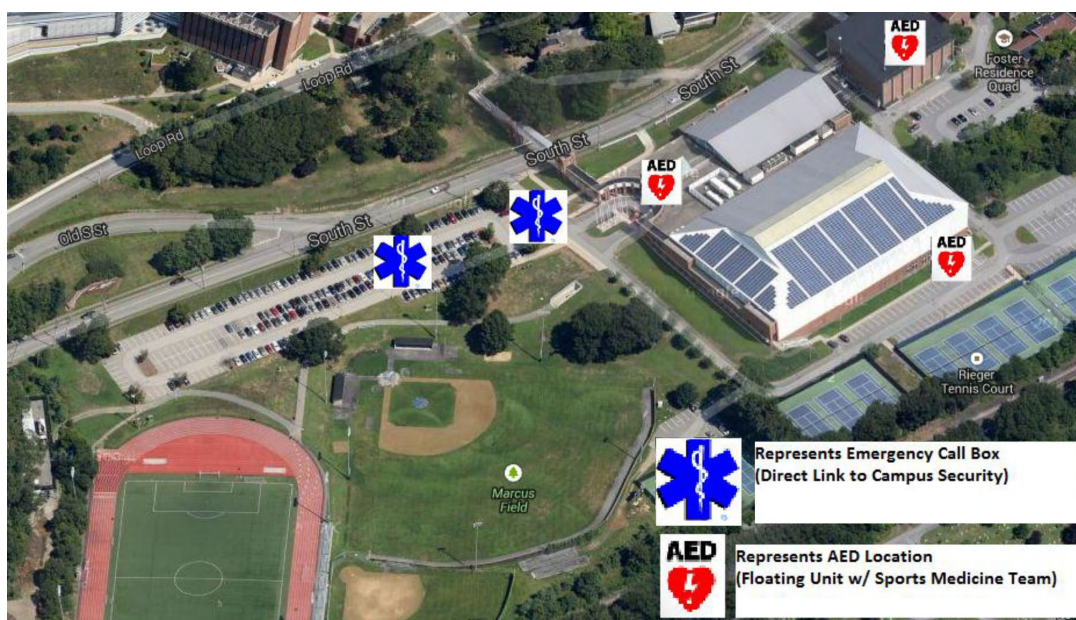
Pharmacy

CVS Pharmacy	12 Harvard St. Waltham, MA 02453	781-894-1600	Open 24 hours
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Campus Resources

Brandeis Public Safety	Stoneman Building, MS 066 415 South Street Waltham, MA 02453	781-736-5000	Mon-Sat 9am - 7pm Sunday 9am - 2pm
Parking Office	Stoneman Building, MS 066 415 South Street Waltham, MA 02453	781-736-4250	Mon-Fri 9am - 4:30pm
University Health Center	Stoneman Building, MS 034 415 South Street Waltham, MA 02453	781-736-3677 (Call 781-239-1948 if after hours)	Mon-Fri 9am - 6pm
BEMCo (Brandeis Emergency Medical Corps)	Stoneman Building, MS 210 415 South Street Waltham, MA 02453	781-736-3333 (Emergency Line)	24 hour service

Emergency Call Box & AED Locations



Local Hotel Accommodations



COURTYARD[®] **Marriott[®]**

Courtyard by Marriott
Boston Waltham
387 Winter Street
Waltham, MA 02451
781-419-0900

plghospitality.com/properties



AN IHG[®] HOTEL

Holiday Inn Express
Boston-Waltham
387 Winter Street
Waltham, MA 02451
781-890-2800

plghospitality.com/properties

Additional Hotels

The Westin Waltham Boston	70 3rd Ave Waltham, MA 02451	781-290-5600
Hilton Garden Inn Boston/Waltham	450 Totten Pond Road Waltham, MA 02451	781-890-0100
Best Western Plus Waltham Boston	380 Winter Street Waltham, MA 02451	781-890-7800
Embassy Suites by Hilton Boston Waltham	550 Winter Street Waltham, MA 02451	781-890-6767
Hampton Inn and Suites Boston/Waltham	135 2nd Ave Waltham, MA 02451	781-466-6644
Boston Marriott Newton	2345 Commonwealth Ave Auburndale, MA 02466	617-969-1000
Residence Inn Boston Waltham	250 Second Ave Waltham, MA 02451	781-202-5140
Fairfield Inn & Suites Boston Waltham	250 Second Ave Waltham, MA 02451	781-202-5150

Want your business included here? Learn about advertising and sponsorship opportunities by contacting Andrew Vatisas, Assistant Athletic Director, at avatisas@brandeis.edu

Dining & Catering Contacts



Jake n JOES Sports Grille

70 Market Place Drive
Waltham, MA 02451
781-894-0169

www.jakenjoes.com



The Chateau Restaurant

195 School Street
Waltham, MA 02453
781-894-3339

www.chateaurestaurant.com



DELI AND CAFE
THE BEST FOOD IN TOWN !!

The Prime Deli & Cafe

580 South Street
Waltham, MA 02453
781-893-4344

www.theprimedeli.com



Greek frozen yogurt, ice cream & coffee

chillbox

570 South Street
Waltham, MA 02453
781-499-5380

us.chillboxfrozenyogurt.com



Anna's Pizza House

873 Main Street
Waltham, MA 02451
781-899-7810

www.annaspizzawaltham.com

Want your business included here? Learn about advertising and sponsorship opportunities by contacting: Andrew Vatistas, Assistant Athletic Director
avatistas@brandeis.edu

Charter



Academy Bus Company

35 Rocsam Park Road
Braintree, MA 02184
1-800-442-7272

www.academybus.com

Commuter Rail, Subway & Bus Schedules

Massachusetts Bay Transportation Authority	10 Park Plaza, Suite 3910 Boston, MA 02116	(800) 392-6100	www.mbta.com
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Rental Cars

Enterprise Rent-A-Car	140 Moody Street, Waltham	781-894-6770	www.enterprise.com
Hertz	550 Winter St, Waltham, MA	781-290-5404	www.hertz.com
Avis Car Rental	70 3rd Avenue, Waltham, MA	781-890-2959	www.avis.com

Airports

Boston Logan International Airport	One Harborside Dr. East Boston, MA 02128	(617) 561- 3333	http://www.massport.com/LOGAN/default.aspx
Manchester (NH) Regional Airport	One Airport Rd. Manchester, NH 03103	(603) 624 - 6539	http://www.flymanchester.com
TF Green Airport (RI)	2000 Post Rd. Warwick, RI 02886	(888) 268 - 7222	http://www.pvdairport.com/welcome.aspx

Each website includes detailed information regarding the airports services such as: Directions, Parking, Airlines, Ground Transportation, Flight Info, FAQ's

Directions & Parking



From the East (I-90 Mass Pike)

Take exit 14 for I-95/Rt 128. After the toll, keep left for 95/128 North. While on ramp, exit immediately onto exit 24 for Route 30. Bear left onto Route 30. Turn right at first traffic light onto River Road. Follow this for 1.5 miles, where it turns into South Street. Gosman Athletic Center and associated fields are one-half mile ahead on the right, at 415 South Street.

From the West (I-90 Mass Pike)

Take exit 15 for I-95/Rt 128 and Route 30. After the toll proceed straight for Route 30. Turn right at end of the ramp, and then right again at first traffic light onto Route 30. Turn left at next traffic light onto River Road. Follow this for 1.5 miles, where it turns into South Street. Gosman Athletic Center and associated fields are one-half mile ahead on the right, at 415 South Street.

From the North (I-95 / Route 128)

Take exit 24 for Route 30. Route 30 is one of several options at this exit, so follow signs carefully. Turn left at the top of the ramp onto Route 30. Turn right at the traffic lights onto River Street. Follow this for 1.5 miles, where it turns into South Street. Gosman Athletic Center and associated fields are one-half mile ahead on the right, at 415 South Street.

From the South (I-95 / Route 128)

Take exit 24 for Route 30. At end of ramp, proceed through traffic light (across Route 30) onto River Road. Follow this for 1.5 miles, where it turns into South Street. Gosman Athletic Center and associated fields are one-half mile ahead on the right, at 415 South Street.

Public Transportation

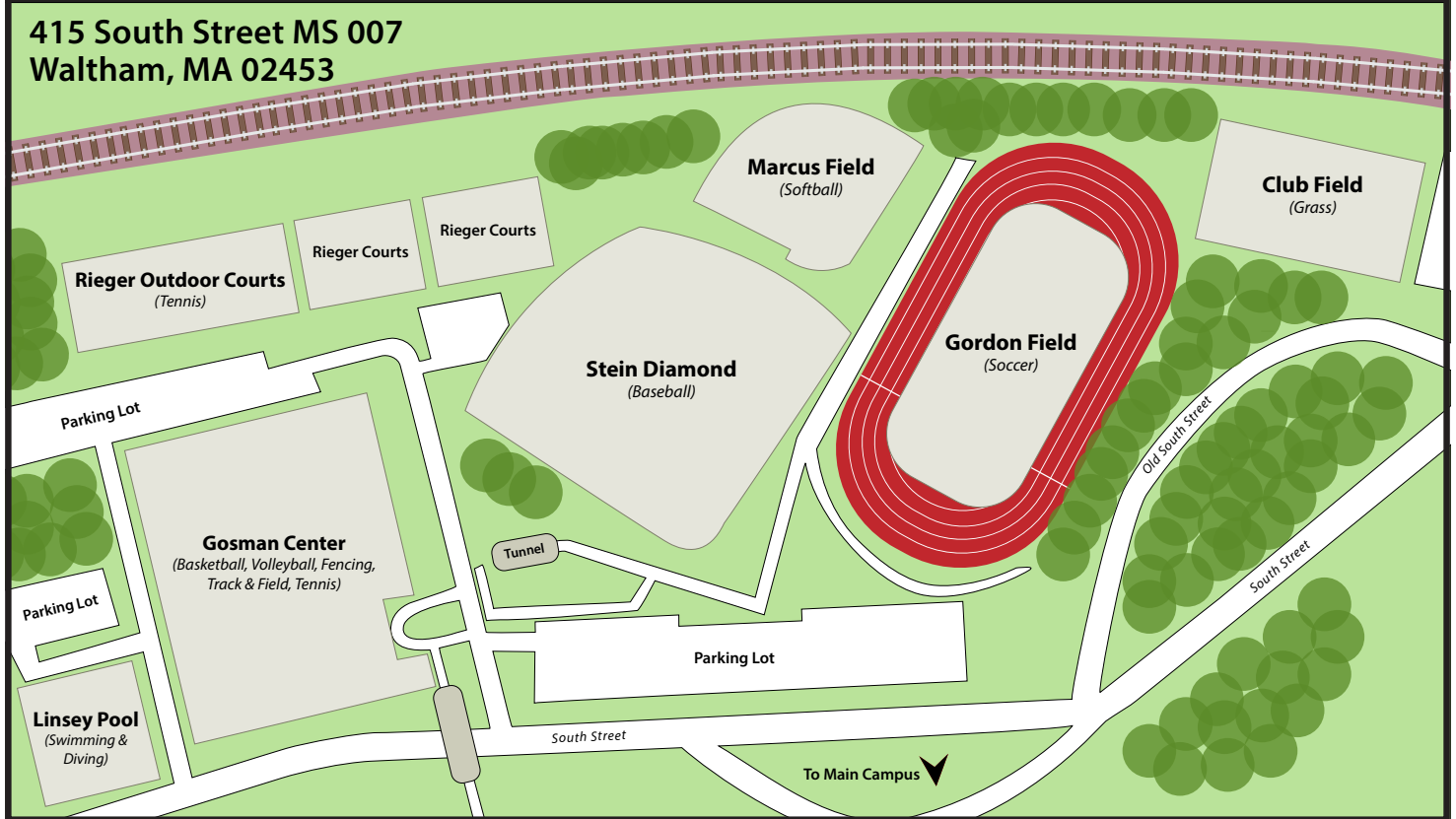
Commuter rail train service is available from Boston's North Station (Fitchburg/South Acton line) to the Brandeis/Roberts Station that borders campus.

Parking

Free parking is available outside Gosman Athletic Center during non-business hours. Parking overnight or during business hours is prohibited without permission from Brandeis Public Safety (781-736-4250)



415 South Street MS 007
Waltham, MA 02453



Available online at:
www.brandeis.edu/about/visiting/map.html

